



Staying Connected with Your Teen

Thursday Evenings from 6 - 8:30 pm
New session starting on October 17, 2019

For parents of teenagers aged 12-17.
Childcare for children 12 years old and under.
Dinner included.

Week 1: Teen development, Risk and Protective Factors

Week 2: Family Meetings, Parenting Styles, Making Decisions & Solving Problems

Week 3: Communication and Managing Family Conflict

Week 4: Involvement, Setting Family Policies on Health & Safety Issues

Week 5: Teen Influences, Refusal Skills and Supervision



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