

Salt Lake County Youth Services presents:

ME Time

ME Time is a new, FREE six-week work group for youth between ages 13-17 to learn skills to manage difficult emotions.

Upcoming classes start October 21st (8781 South Redwood Rd., West Jordan) and October 22nd (177 W. Price Avenue, South Salt Lake). All classes are from 4:30-5:30 PM.

To register or learn more, contact Chandler at 385-468-4525 or cparkinson@slco.org

