



# Empowerment Workshop



## Discovering Possibilities

**Work with other teen girls  
to honor and celebrate  
our differences**

**Group Activities as Unique as You**

Wednesdays 4:30pm-6:30pm

Apr 3rd– June 5th @ Salt Lake  
County Youth Services.

Self expression takes many forms  
and could include making your  
own bath bombs, skirts, art  
projects, or poetry.



**You will never be forced to try an  
exercise beyond your comfort level.  
Self-respect and healthy relationships  
include the right to say no.**

Free for Girls Age 13-17

To register: 385.468.4532 | [jrushton@slco.org](mailto:jrushton@slco.org) | 177 West Price Avenue